

COURSE INFORMATION SHEET

DATE OF ISSUE: March 2024



MALTA UNIVERSITY CONSULTING

A SHORT COURSE ON STROKE CARE

Days/Dates	March 2025: Thu 13 th ; Fri 14 th ; Thu 20 th ; Thu 27 th April 2025: Thu 3 rd ; Wed 10 th
Time	17:30 – 19:30
Number of Hours	12 hours
On-site or Online	Online via Zoom
Fee	€135 / UM discount €125
Deadline	27 th February 2025
Aims/ Objectives	Stroke or cerebrovascular accidents are globally, the second leading cause of death and the third leading cause of disability. Once discharged from the hospital, persons with a stroke find themselves trying to adapt to their new realities. This course seeks to provide caregivers and the general public with the knowledge, skills and competencies to support persons with a stroke in their daily care.
Who should attend	General public and caregivers
Course content	<ul style="list-style-type: none">• Thu 13th March - Nursing care of a person with a stroke (Dr Anthony Scerri)• Fri 14th March - Understanding stroke and stroke rehabilitation (Dr Anthony Scerri)• Thu 20th March - Adapting the home environment and engaging persons with a stroke (Ms Maria Bella Borg)• Thu 27th March - Enabling physical activity and preventing falls (Ms Nadine Spiteri Gingell)• Thu 3rd April - Availability of community services for stroke survivors (Ms Charmaine Mallia)• Wed 10th April - Communicating with a person following a stroke (Ms Nicola Montesin)
Trainer/s Bio	<p>Dr. Anthony Scerri is a senior lecturer at the Department of Nursing, Faculty of Health Sciences at the University of Malta. He has a background in gerontology, rehabilitation and management and has a doctorate degree in gerontology. He also worked for some time as a charge nurse in a rehabilitation ward. For thirteen years, Anthony has been teaching rehabilitation care and nursing care of older persons to nursing students who follow the degree in a nursing program.</p> <p>Ms Charmaine Mallia graduated as a physiotherapist from the University of Malta in 2000. After graduating, she worked in various settings on in-patient and out-patient services where she gained experience in several aspects of physiotherapy. Her Master's Degree in Geriatrics and Gerontology focused on the Quality of life of Informal Caregivers. Ms Mallia is a guest lecturer at the University of Malta, where she gives lectures to undergraduate physiotherapists, nurses reading for a degree in community nursing, and students reading for a Master's Degree in Geriatrics and Gerontology. She also chairs the committee responsible for organizing continuous professional development, within Active Ageing and Community Care.</p> <p>Ms Maria Bella graduated in 2017 as an Occupational Therapist, and she has since been working in a rehabilitation hospital. She currently works in an outpatient clinic specializing mostly in neurorehabilitation. In 2022 she also joined Step Up for Parkinson's, and she currently serves as the Deputy Chairperson.</p> <p>Dr Nadine Spiteri Gingell graduated as a physiotherapist in October 1992 and after four years of working as a physiotherapist in various fields within physiotherapy practice, she developed a special interest in neurorehabilitation. She furthered her studies at the University of Brunel (UK), where she graduated with a Master of Science in Neurorehabilitation in July 1998. Since 2001, she has lectured physiotherapy students in the study units of neurorehabilitation. She has worked full-time at the University of Malta since 2011. Currently, she is undertaking a doctorate, which involves the research of the illness experience of Maltese persons following a stroke, during the rehabilitation and recovery process.</p>

For further information kindly contact Malta University Consulting, Campus Hub,
Block 'O' Level 7, University of Malta, Msida.

Tel: 21240746; Website: www.maltaconsulting.mt ; Email : trainingservices@muhc.com.mt

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Ms Nicola Montesin graduated from the University of Malta in 2015 with a degree in Communication Therapy. She then successfully read for a master's degree in Ageing and Dementia studies with the University of Malta. Throughout the years, she provided services in a multitude of settings including a health centre, a rehabilitation hospital, a public school, elderly homes, and community care. She currently works full-time as Allied Health Practitioner with the elderly and organizes communication groups for people in long-term care settings.

Certification

Upon successfully completing the course with 80% attendance, attendees will receive a Certificate of Attendance from Malta University Consulting.

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