



CARE OF THE DIABETIC FOOT

Days/Dates	April 2025: 22nd, 23rd and 25th
Time	17.30 – 19.30
Number of Hours	6 hrs
On-site or Online	In person – Campus Hub, Block 'O', Level 5, University of Malta, Msida
Fee	€79
Deadline	15 th April 2025
Aims/ Objectives	The aim of this course is to equip participants with better knowledge and understanding about the diabetic foot and its related complications. Screening methods to help with the early identification of common foot pathologies in this specific patient population will be discussed and how normal and abnormal biomechanics can impact foot structure and function in diabetes. Wound care management is also discussed during the sessions. Educational and preventive measures including appropriate footcare, the basic principles of offloading and advice on therapeutic footwear for this specific population will also be addressed.
Who should attend	This course is open to the general public.
Course content	22nd April: How diabetes affects the foot and the need to prevent issues; Professor Alfred Gatt 23rd April: Screening of the Diabetic Foot; Professor Cynthia Formosa 25th April: Therapeutic Footwear, Shoes & Hosiery; Dr Stephen Mizzi
Trainers' Bio	Professor Cynthia Formosa qualified as a State Registered Podiatrist in February 1989. Prof Formosa is currently working on a full-time basis with the University of Malta as a Professor inside the Faculty of Health Sciences. Her special interest is the diabetic foot and has published over 140 articles in this field. She has also presented her work at various international conferences. Prof Alfred Gatt qualified as a State Registered podiatrist in 1986. In 1999 he was founder President of the Association of Podiatrists of Malta. He is the chairperson of the Diabetes Foot Research Group, which was founded in 2011. He is currently working on a full-time basis with UM as an Associate Professor. His special interest is Clinical Biomechanics with a focus on the diabetic foot. He has published over 120 articles in this field of work and has been invited to present his work at a number of international conferences. Dr Stephen Mizzi is a senior lecturer at the Faculty of Health Science, University of Malta and a Fellow at the Royal College of Physicians and Surgeons of Glasgow. He is also the co-founder of Tarsos, a start-up aimed at developing innovative technological solutions to improve the health of individuals living with diabetes.
Certification	Upon successfully completing the course with 80% attendance, attendees will receive a Certificate of Attendance from Malta University Consulting Ltd.

For further information kindly contact Malta University Consulting Ltd, Campus Hub, Block 'O' Level 7, University of Malta, Msida.

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