

# COURSE INFORMATION SHEET

DATE OF ISSUE: 17.10.2024

## SHORT COURSE ON NEURODIVERSITY AND CHALLENGING BEHAVIOURS



MALTA UNIVERSITY CONSULTING

<b>Days/Dates</b>	3 <sup>rd</sup> and 5 <sup>th</sup> June 2025
<b>Time</b>	17:00 – 20:00
<b>Number of Hours</b>	6 hours
<b>On-site or Online</b>	Online
<b>Fee</b>	€93
<b>Deadline</b>	27 <sup>th</sup> May 2025
<b>Aims/ Objectives</b>	The course aims to equip participants with an understanding of neurodiversity, while fostering inclusivity through the lens of neurodiversity. Its objectives include defining various neurodevelopmental conditions, exploring the concept of neurodiversity, understanding the root causes of challenging behaviors, developing effective communication strategies, and creating inclusive environments. It provides participants with hands-on tools and techniques to manage challenging behaviors. These sessions aim to empower participants to support individuals with neurodevelopmental conditions with empathy, understanding, and practical strategies for success.
<b>Who should attend</b>	The course is aimed at a broad range of professionals and individuals who interact with persons with neurodevelopmental conditions. This includes educators, healthcare professionals, caregivers, social workers, sports coaches, trainers, residential carers, and anyone interested in promoting inclusion and understanding neurodiversity. No specific qualifications are necessary.
<b>Course content</b>	<p><b>Session 1: Understanding Neurodiversity and Challenging Behaviors</b></p> <ol style="list-style-type: none"><li>Introduction to Neurodiversity:<ul style="list-style-type: none"><li>- Defining autism, ADHD, and other neurodevelopmental conditions.</li><li>- Exploring the concept of neurodiversity and its implications.</li></ul></li><li>Understanding Challenging Behaviours:<ul style="list-style-type: none"><li>- Common behaviours associated with autism, ADHD, and other conditions.</li><li>- Identifying triggers and understanding the root causes of challenging behaviours.</li></ul></li><li>Effective Communication Strategies:<ul style="list-style-type: none"><li>- Communication techniques for engaging with people with diverse needs.</li><li>- Non-verbal communication and active listening skills.</li></ul></li><li>Creating Inclusive Environments:<ul style="list-style-type: none"><li>- Strategies to foster inclusive spaces in community settings.</li><li>- Adapting environments to accommodate diverse needs.</li></ul></li></ol> <p><b>Session 2: Practical Approaches and Support Strategies</b></p> <ol style="list-style-type: none"><li>Positive Behavior Support:<ul style="list-style-type: none"><li>- Implementing positive reinforcement strategies to manage behaviours.</li><li>- Developing individualized behaviour support plans.</li></ul></li><li>Sensory Processing and Regulation:<ul style="list-style-type: none"><li>- Understanding sensory sensitivities and their impact on behaviour.</li><li>- Techniques for creating sensory-friendly environments.</li></ul></li><li>Collaborative Partnerships and Involving Families:<ul style="list-style-type: none"><li>- Importance of collaboration.</li><li>- Effective ways to instill support.</li></ul></li><li>Case Studies and Role-Playing:<ul style="list-style-type: none"><li>- Interactive sessions using case studies and role-playing scenarios.</li><li>- Practical application of strategies discussed in the seminars.</li></ul></li><li>Resources and Further Support:<ul style="list-style-type: none"><li>- Introducing resources, tools, and organizations available for ongoing support and learning.</li><li>- Identifying community resources for additional assistance.</li></ul></li></ol>

For further information kindly contact Malta University Consulting, Campus Hub, Block 'O' Level 7, University of Malta, Msida.

Tel: 21240746; Website: [www.maltaconsulting.mt](http://www.maltaconsulting.mt) ; Email : [trainingservices@muhc.com.mt](mailto:trainingservices@muhc.com.mt)

# COURSE INFORMATION SHEET

DATE OF ISSUE: 17.10.2024

## SHORT COURSE ON NEURODIVERSITY AND CHALLENGING BEHAVIOURS



MALTA UNIVERSITY CONSULTING

<b>Trainer/s Bio</b>	Georgette Bajada is currently a Head of Department in Inclusive Education with the Secretariat for Catholic Education in Malta. She is also a part-time assistant lecturer in the University of Malta. She graduated with a Master Degree in Disability Studies. Her research included a Foucauldian analysis which explored whether and to what extent inclusive education practices allow disabled students' voices to be heard and their own educational goals to be realised equitably. Georgette is also presently reading for a PhD within the Faculty for Social Wellbeing at the University of Malta, and is researching a Foucauldian genealogy of disability in Malta, mainly focusing on the periods following the first half of the twentieth century.
<b>Certification</b>	Upon successfully completing the course with 80% attendance, attendees will receive a Certificate of Attendance from Malta University Consulting

For further information kindly contact Malta University Consulting, Campus Hub, Block 'O' Level 7, University of Malta, Msida.

Tel: 21240746; Website: [www.maltaconsulting.mt](http://www.maltaconsulting.mt) ; Email : [trainingservices@muhc.com.mt](mailto:trainingservices@muhc.com.mt)