

COURSE INFORMATION SHEET

DATE OF ISSUE: March 2024



MALTA UNIVERSITY CONSULTING

A SHORT COURSE ON STROKE CARE

Days/Dates	May 2024: Wed 8; Wed 15; Wed 22; Wed 29 June 2024: Wed 5; Wed 12
Time	17:30 – 19:30
Number of Hours	12 hours
On-site or Online	Online via Zoom
Fee	€135 / UM discount €125
Deadline	1 st May 2024
Aims/ Objectives	Stroke or cerebrovascular accidents are globally, the second leading cause of death and the third leading cause of disability. Once discharged from the hospital, caregivers of stroke survivors find themselves trying to adapt to their new realities whilst continuing to provide rehabilitation at home. This course seeks to provide caregivers with the knowledge, skills and competencies to support stroke survivors in their daily care at home.
Who should attend	General public and caregivers
Course content	<ul style="list-style-type: none">- Understanding stroke and stroke rehabilitation (Dr Anthony Scerri)- Nursing care of a person with a stroke (Dr Anthony Scerri)- Adapting the home environment and engaging persons with a stroke (Ms Cynthia Scerri)- Enabling physical activity and preventing falls (Ms Nadine Spiteri Gingell)- Availability of community services for stroke survivors (Ms Charmaine Mallia)- Communicating with a person following a stroke (Ms Nicola Montesin)
Trainer/s Bio	<p>Dr. Anthony Scerri is a senior lecturer at the Department of Nursing, Faculty of Health Sciences at the University of Malta. He has a background in gerontology, rehabilitation and management and has a doctorate degree in gerontology. He also worked for some time as a charge nurse in a rehabilitation ward. For thirteen years, Anthony has been teaching rehabilitation care and nursing care of older persons to nursing students who follow the degree in a nursing program.</p> <p>Ms Charmaine Mallia graduated as a physiotherapist from the University of Malta in 2000. After graduating, she worked in various settings on in-patient and out-patient services where she gained experience in several aspects of physiotherapy. Her Master's Degree in Geriatrics and Gerontology focused on the Quality of life of Informal Caregivers. Ms Mallia is a guest lecturer at the University of Malta, where she gives lectures to undergraduate physiotherapists, nurses reading for a degree in community nursing, and students reading for a Master's Degree in Geriatrics and Gerontology. She also chairs the committee responsible for organizing continuous professional development, within Active Ageing and Community Care.</p> <p>Ms Cynthia Scerri is a Professional Lead Occupational Therapist who graduated in 1988 and is currently managing the National Occupational Therapy Services in Malta and Gozo. Her role is to advise the health authorities on the contribution of the profession, plan services and developments and ensure standards of care according to international standards. The promotion of the profession is an important aspect of her work. She has specialized in the care of older persons and has a post-graduate diploma and a Master's Degree in Gerontology and Geriatrics. Ms Scerri is an assistant lecturer in the Occupational Therapy Division of the Faculty of Health Sciences teaching OT students. Her special interest in neurorehabilitation includes dementia care services.</p>

For further information kindly contact Malta University Consulting, Campus Hub, Block 'O' Level 7, University of Malta, Msida.

Tel: 21240746; Website: www.maltaconsulting.mt ; Email : trainingservices@muhc.com.mt

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Ms Nadine Spiteri Gingell graduated as a physiotherapist in October 1992 and after four years of working as a physiotherapist in various fields within physiotherapy practice, she developed a special interest in neurorehabilitation. She furthered her studies at the University of Brunel (UK), where she graduated with a Master of Science in Neurorehabilitation in July 1998. Since 2001, she has lectured physiotherapy students in the study units of neurorehabilitation. She has worked full-time at the University of Malta since 2011. Currently, she is undertaking a doctorate, which involves the research of the illness experience of Maltese persons following a stroke, during the rehabilitation and recovery process.

Ms Nicola Montesin graduated from the University of Malta in 2015 with a degree in Communication Therapy. She then successfully read for a master's degree in Ageing and Dementia studies with the University of Malta. Throughout the years, she provided services in a multitude of settings including a health centre, a rehabilitation hospital, a public school, elderly homes, and community care. She currently works full-time as Allied Health Practitioner with the elderly and organizes communication groups for people in long-term care settings.

Certification	Upon successfully completing the course with 80% attendance, attendees will receive a Certificate of Attendance from Malta University Consulting.
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